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Women in Sports Coaching

Edited by Nicole M. LaVoi, University of Minnesota, US

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Women in many Westernised countries have better career opportunities than ever before and the percentage of women leaders in nearly every sector is on the rise, but sport coaching remains a domain where gender equity has declined or stalled. There is a lack of women coaches who coach women, and a near absence of women who coach men. This important new book examines why. Drawing on original multi-disciplinary research from around the world, including first-hand accounts from practising coaches, the book looks at the status of women in coaching, explores the complex issues they face in pursuing their careers, and suggests solutions for eliminating the barriers that impede women in coaching.

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