



UNIVERSITY OF MINNESOTA

Tucker Center

FOR RESEARCH ON GIRLS & WOMEN IN SPORT

presents the 2006 Distinguished Lecture Series

The Professionalization of Youth Sports and its Special Impact on Girls

Monday, April 24, 2006 7:00 - 9:00PM

Cowles Auditorium, Hubert H. Humphrey Center, West Bank

■ Over the last 30 years, youth sport has become increasingly professionalized. This professionalization is characterized by a focus on participation as a means to an end (e.g., college scholarship), sport specialization, private coaching, and a “win at all costs” mentality.

■ Professor **Dan Gould**, one of our nation’s leading experts in youth sports, will discuss these critical topics as well as the ramifications for young female athletes and their families. Relying on cutting-edge research, Professor Gould will highlight the role of parents in youth sports, the psychological development of champion athletes, and burn-out in young athletes.

■ Professor Gould will also explore recent research surrounding the negative effects of youth sport professionalization on opportunities for underserved populations such as obese children or inactive minority females.



Daniel Gould, Ph.D.
*Director, Institute for the
Study of Youth Sports
Michigan State University*

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