

# Your first year

### Action to Take...

### Keep on track to GRADUATE in 4 YEARS!

- Meet with an academic advisor 1-2 times each semester
- Learn the One Stop web site
- Explore Grad Planner to plan future courses
- Learn about APAS, a report that tracks progress in liberal education & major requirements

### What will you DO when you GRADUATE?

- Learn about CEHD majors and possible careers
- Explore all U of M majors
- Visit CEHD Career Services in 360 Education Sciences to learn about their resources
- Take a free career assessment and meet with a career counselor
- Explore resources via the Center for Academic Planning & Exploration

#### **Get INVOLVED!**

- Join a student group
- Find a volunteer opportunity
- Consider on-campus employment
- Find part-time employment related to your career interests
- Explore learning abroad possibilities
- Check out Gopher Link
- Get to know your instructors!

### **RESOURCES to HELP you!**

- Student Counseling Services for personal & academic counseling
- Learn about financial aid and budgeting
- Try tutoring at Smart Learning Commons & MCAE
- Use your libraries and librarians
- Check out the Recreation Center
- Use Boynton Health Services
- Connect with Multicultural Center for Academic Excellence (MCAE)

### **Getting Started...**

CEHD Academic Advisors
OneStop
Grad Planner
APAS Report

Choosing a major and career
Careers by CEHD Degree
U of M Course Catalog
CEHD Career Services
Career Assessments
CAPE

Student Groups
Volunteering
On-campus Employment
GoldPASS
Learning Abroad
Gopher Link

Student Counseling Services
Smart Learning Commons
U of M Libraries
Recreation & Wellness Center
Boyton Health Services
MCAE

## Your second year

### Action to Take...

### Stay on track to GRADUATE in 4 YEARS!

- Meet with your adviser at least once a semester
- Use APAS and/or Grad Planner to explore majors
- Talk to your adviser about possible minors, certificates, or other classes of interest outside of your major
- Make sure most of your liberal education requirements are completed by the spring

### What will you DO when you GRADUATE? You're getting closer...

- Continue to explore and research majors and careers
- Take OUE 2100 to help with your decision
- Meet with a CEHD Career Counselor
- Learn how careers relate to majors
- Connect with professionals through informational interviews
- Create your GoldPASS profile (U of M's Job and Internship Database)
- Attend career fairs and employer events
- Decide on a major, hopefully by your second semester

### Not INVOLVED yet? It's never too late!

- Attend a First Step Learning Abroad session
- Volunteer to gain more experience
- Gain related experience through an internship
- Consider the University Honors Program if GPA is 3.5+
- Develop vour leadership skills
- Consider a research project with a professor
- Visit with at least two instructors during office hours

### MORE RESOURCES to help you on your way!

- Apply for scholarships EARLY in your second term
- Meet with a CAPE (Center for Academic Planning & Exploration) coach if you are still undecided about your major
- Join a SMART study group or form your own for your most challenging classes
- Have your resume reviewed at the CEHD Career Services during drop-in hours

## **Getting Started...**

APAS Report U of M Course Catalog Liberal Education Requirements

Choosing a Major and Career
CEHD Career Counselors
Careers by CEHD Degree
Informational Interviewing
GoldPASS

Learning Abroad Center
Volunteer Opportunities
Honors Program
GoldPASS
Lead Up
Research Opportunities

Scholarships
CAPE
Smart Learning Commons
Resume Drop-in Hours